

December 2018

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What We Can Continue to Learn from Fred Rogers



A Different Kind of Gift



I know this is a busy time of year, and so I thought of a different way of sharing Fred's timeless wisdom with you this month.

In all the years that I worked with Fred, one of the things I came to appreciate is that he encouraged us to be "mindful" – and that was long before it was a part of our everyday vocabulary. He helped us slow down, be present in the moment and savor it. So I wanted to give you a gift of a video that you can just sit back, watch and enjoy.

As I was thinking about what to offer this month, I was thinking about some of the wonderful guests we had over the years. Memories are so much a part of holiday times. I remembered this video -- it's a delightful visit with the

legendary Tony Bennett.

To give you some background, the scene on this video (from 1975) takes place in the Neighborhood of Make-Believe, in Lady Elaine's "M-G-R (Museum-Go-Round) TV Studio" where she interviewed and showcased guests. Watch these two great legends -- accompanied by the wonderful Johnny Costa trio -- having fun together! I hope you enjoy it, too.



Whatever this time of year means to you, I hope you can give yourself the gift of slowing down and savoring the big -- and little -- moments in your life.

Best wishes for the new year ahead,

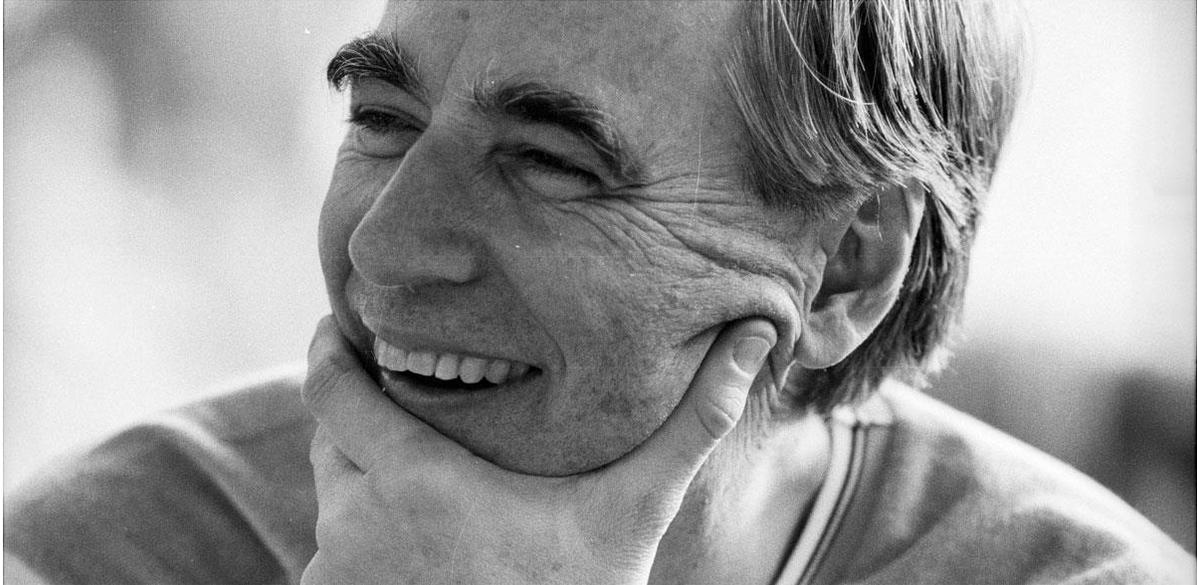
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Timeless Wisdom from Fred Rogers



"We all have different gifts, so we all have different ways of saying to the world who we are."

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